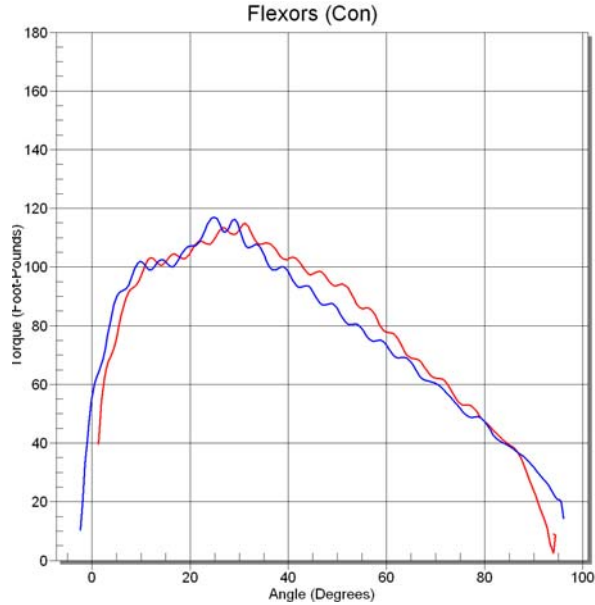
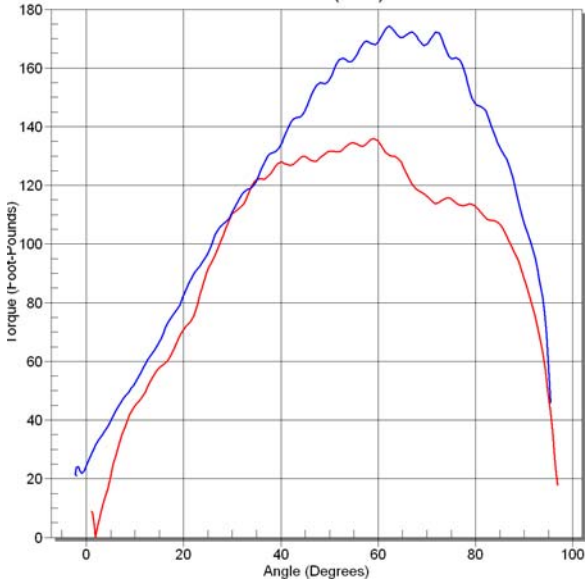


CSMi Orthopedic Measure and Training 781-297-2034

Per-repetition Torque vs. Position Report - Knee Extension/Flexion

Name: Potash, Rob L **ID:** 1234 **Right/Left:** 8/4/2007 8/4/2007
Birth date: 1/1/1963 **Involved Side:** Left **Group 1:** Wrestling
Height: 68 Inches **Preferred Side:** Right **Group 2:**
Weight: 160 Pounds **Doctor:** Harris
Gender: Male **Tester:** CSMi Tech
Diagnosis: 8/1/2007 ACL Tear
Surgery: 8/3/2007 Arthroscopy
 Extensors (Con)



Right Side Curves Left Side Curves
Isokinetic Con/Con
Speed 60/60 deg/sec Reps 5

RIGHT Extensors (Con)

Rep	1	2	3	4	5
Peak Trq	162	174	162	162	153
Work	197	203	187	187	178
Power	154	161	149	150	141
ROM	97	96	96	95	96

RIGHT Flexors (Con)

Rep	1	2	3	4	5
Peak Trq	112	117	116	111	112
Work	133	132	127	123	129
Power	106	104	102	98	101
ROM	-2	-3	-2	-2	-3

LEFT Extensors (Con)

Rep	1	2	3	4	5
Peak Trq	136	130	126	118	109
Work	164	160	151	145	138
Power	132	132	122	118	110
ROM	97	95	94	94	96

LEFT Flexors (Con)

Rep	1	2	3	4	5
Peak Trq	115	115	116	114	116
Work	130	132	135	129	138
Power	109	110	111	104	109
ROM	1	0	-2	-2	-2