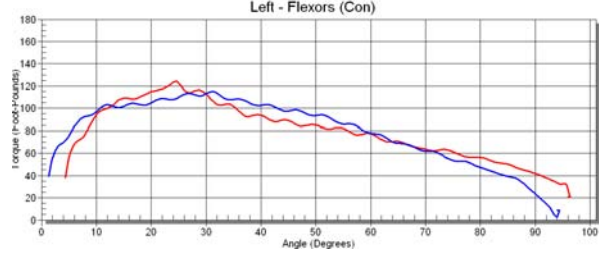
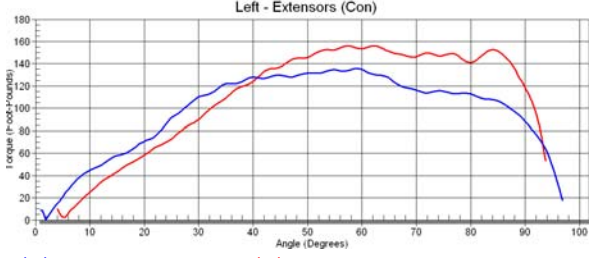
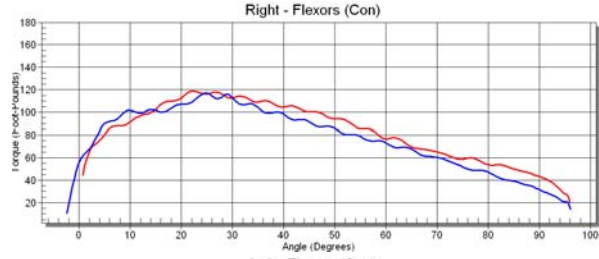
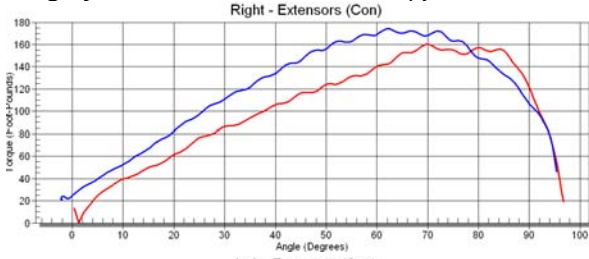


# CSMi Orthopedic Measure and Training 781-297-2034

## Short Form Progress Report - Knee Extension/Flexion

**Name:** Potash, Rob L      **ID:** 1234      **/:** /  
**Birth date:** 1/1/1963      **Involved Side:** Left      **Group 1:** Wrestling  
**Height:** 68 Inches      **Preferred Side:** Right      **Group 2:** /  
**Weight:** 160 Pounds      **Doctor:** Harris  
**Gender:** Male      **Tester:** CSMi Tech  
**Diagnosis:** 8/1/2007 ACL Tear  
**Surgery:** 8/3/2007 Arthroscopy



	8/7/2007					
	8/4/2007	8/7/2007	Change	8/4/2007	8/7/2007	Change
Isokinetic ConCon			Extensors (Con)			Flexors (Con)
<b>Speed 60/60 deg/sec Reps 5</b>	8/4/2007	8/7/2007	Change	8/4/2007	8/7/2007	Change

Peak Torque (Foot-Pounds - Average Value)						
Right	163	151	-7 %	113	113	0 %
Left	124	150	21 %	115	113	-2 %
Deficit	24	1		-2	0	
Work per Repetition (Foot-Pounds - Average Value)						
Right	190	156	-18 %	129	128	-1 %
Left	151	165	9 %	133	129	-3 %
Deficit	21	-5		-3	-1	
Range of Motion (Degrees)						
Right	-3	1	4 #	96	94	-2 #
Left	-1	4	5 #	95	96	1 #

	8/7/2007					
	8/4/2007	8/7/2007	Change	8/4/2007	8/7/2007	Change
Isokinetic ConCon			Extensors (Con)			Flexors (Con)
<b>Speed 180/180 deg/sec Reps 15</b>	8/4/2007	8/7/2007	Change	8/4/2007	8/7/2007	Change

Peak Torque (Foot-Pounds - Average Value)						
Right	114	113	-1 %	69	73	6 %
Left	92	98	7 %	85	79	-7 %
Deficit	19	13		-19	-8	
Work per Repetition (Foot-Pounds)						
Right	1685	1594	-5 %	1121	1168	4 %
Left	1428	1370	-4 %	1200	1118	-7 %
Deficit	15	14		-7	4	
Range of Motion (Degrees)						
Right	-1	0	1 #	94	94	0 #
Left	1	5	4 #	93	95	2 #